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ABSTRACT BOOK

**5th International Conference on Advanced Molecular
Bioscience and Biomedical Engineering 2018
(ICAMBBE 2018)**



**Swiss Belinn Hotel
Malang - Indonesia**

September 3 - 4th 2018



**BIOSAINS INSTITUTE
BRAWIJAYA UNIVERSITY**

**5th International Conference on Advanced
Molecular Bioscience and Biomedical
Engineering (ICAMBBE) 2018**



Swiss Belinn Hotel, Malang, East Java, Indonesia

September, 3rd – 4th 2018



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PT-02	<u>Rio Risandiansyah</u> , Reza Hakim and Yoni R. Bintari	Conserved Amino Acid Residues of LexA Repressor of ESKAPE Pathogens and its Potential as a Drug Target	13.10-13.20
PT-03	<u>Adinda Kresna</u> , Widjiati and Tita Damayanti	Ctyoprotectant Combination Ethylene Glycol and Propandiol on Mice Blastocyst Viability Post Vitrification	13.20-13.30
PT-04	<u>Nurina Tyagita</u> , Kurnia P. Utami, Fitriani H. Zulkarnain and Azizah H. Safitri	Okra Infusion Water Improving SOD and CRP Level on Diabetic Induced Rats	13.30-13.40
PT-05	<u>Johana Z. Wantania</u> and Alfonds A. Maramis	Visual, Organoleptic and Physical Detection as Qualitative Indicators of Formalin-containing Food: Experimental Study on Skipjack Fish Meat (<i>Katsuwonis pelamis</i>)	13.40-13.50

Okra Infusion Water Improving SOD and CRP Level on Diabetic Induced Rats

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INTRODUCTION. Chronic hyperglycemia on Diabetes Mellitus type 2 progression leads to inflammation and oxidative stress [1], [2]. Combination of inflammation and oxidative stress triggers various complication including macro and microvascular disturbance, and also death [3]. Blood glucose controlling is mandatory to prevent this damages, either using oral hypoglycemic agent [4] or medicinal plant, such as okra. This study investigate the effectiveness of okra infusion water (OIW) in improving CRP and SOD. **METHODS.** Posttest only control group design was used in this study. Using 24 male Wistar rats, divided randomly into 4 groups: Control, received no induction nor treatment, 3 groups were induced by 65 mg/kg bW streptozotocine and 110 mg/kg BW nicotinamide: STZ, METF, OKRA. After successfully induced, METF & OKRA were given 9 mg metformin and 3.6 ml OIW for 28 days. Blood samples collected at day 40. CRP and SOD tested using ELISA. Data was analyzed using ANOVA and followed by LSD posthoc test ($p < 0.05$). **RESULTS AND DISCUSSION.** SOD level on OKRA group was much higher than SOD level on STZ group ($p < 0.05$). Other study found that okra reduced ROS level on rats. Quercetin in okra is a potential antioxidant, functioning in quenching ROS, chelating metal ions and inhibit oxidases activity [5]. Decreased ROS production will enhance SOD level, as first line antioxidant [6]. CRP level on OKRA group was lower than those on STZ group ($p < 0.05$). Okra administration was able to attenuate pro-inflammatory cytokines, such as TNF- α and IL-1 β . Okra reduced Lipopolysaccharide (LPS) induced NF-kB p65 phosphorylation. Okra also inhibited LPSinduced Akt phosphorylation, which is an upstream molecule of NF-kB [5].



Fig.1. Mean CRP & SOD level
* $p < 0.05$, comparing to STZ
$p < 0.05$, comparing to Control

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